

WAUKESHA SUMMER TRACK and FIELD SERIES

Waukesha South Track and Field Complex (Corner of Tenny Avenue and Sunset Drive)



July 15th and 22nd (July 8th Pole Vault Only)

The Waukesha South Track and Field program presents the Annual Summer Track Series: Two all-comers' track meets where everyone has the opportunity to participate in a track & field meet. The Summer Track Series is for people of all abilities and ages. Last summer we attracted over 500 athletes.

Dates: Thursday Nights: July 15th and July 22nd
(July 8th Pole Vault Only)

Time: 4:30 PM Registration and Track Opens
5:00 PM Field events
6:00 PM Running events

Location: Waukesha South High School – 401 E. Roberta Avenue

Entry Fee: **\$5.00 unlimited number of events**
(same price for 7 years !!!)

Registration: All registration is conducted day of meet.

Each athlete is required to purchase a WRIST band for \$5.00 which will allow you to participate in any event.

If you are a coach/director of a club/organization and plan to bring more than 10 athletes, we ask that you contact Eric Lehmann so we can pre sort your wristbands. Club checks are accepted.

ALL CLUBS with more 5 ATHLETES will also be asked to help with a field event or provide timers.

Notes: Ages and abilities will be grouped in similar races.

Parents or Adults that help with field events or timing can have their athletes entry fee waived !!!

Contact Info: Eric Lehmann – Waukesha South – 262-501-0216 elehmann@hurdlecamp.com

Order of Events:

5:00 - - **JAVELIN and HAMMER**

5:30 Long Jump, Discus, High Jump, Pole Vault - Triple Jump and Shot Put

*** Shot Put, Discus, and Pole Vault athletes will have to provide their own implements.*

Pole Vault will have 2 PITS.. One will open at 5'0 the other 9'-10' Feet

6:00	pm	110/100m	Hurdles
6:15		100m	Dash
6:25		800m	Run
6:35		4x100m Relay	
6:45		50m Dash	10 and under
6:50		400m Dash	
7:00		1600m	Run
7:10		200m	Dash
7:30		300m/400m	Hurdles
7:45		4x400m Relay	
8:00		3200m or 5k	Run

Additional Information and Track Camp information can be found on:
www.trackandfieldcamps.com

We honor the time schedule, if we are ahead.

