

Waukesha South Girl's Cross Country

Sub 16:00 Races at 4000 meters

Lisa Dillett	2001 WIAA State Championship	14:35
Lisa Dillett	1999 WIAA State Championship	14:52
Lisa Dillett	2001 Rapids Invite	14:52
Lisa Dillett	2001 WIAA Sectionals UW Parkside	14:59
Lisa Dillett	2001 Chocolate City Invite	15:04
Lisa Dillett	2001 Classic 8 Conference	15:11
Molly Woodford	2006 Arrowhead (HS) Invite	15:16
Lisa Dillett	1999 Rapids Invite	15:20
Lisa Dillett	2001 Angel Invite	15:21
Molly Woodford	2005 Rapids Invite - Ridges Golf Course	15:21
Lisa Dillett	2000 WIAA Sectionals UW Parkside	15:23
Lisa Dillett	1999 WIAA Sectionals Arrowhead	15:25
NicoleShane	2000 WIAA Sectionals UW Parkside	15:25
Katie Worden	1996 SEC Conference UW Parkside	15:27
Megan Chojnacki	2004 Mukwonago Invite	15:29
Megan Chojnacki	2004 WIAA Sectionals UW Parkside	15:29
Erica Busse	1999 Burlington Chocolate City Invite	15:29
Molly Woodford	2005 Angel Invite UW Parkside	15:29
Beth Baird	2003 WIAA Sectionals UW Parkside	15:31
Lisa Dillett	1999 Chocolate City Invite	15:31
Nicole Shane	1999 WIAA State Championship	15:31
Nicole Shane	2000 Burlington Chocolate City Invite	15:31
Lisa Dillett	2000 Burlington Chocolate City Invite	15:31
Nicole Shane	1999 WIAA Sectionals Arrowhead	15:32
Molly Woodford	2005 WIAA Sectionals UW Parkside	15:32
Lindsey Biebel	2000 WIAA Sectionals UW Parkside	15:33
Lisa Dillett	2001 Rebel Invite	15:31
Molly Woodford	2005 Arrowhead (HS) Invite	15:34
Lisa Schaich	1993 SEC Conference UW Parkside	15:36
Lisa Schaich	1993 Burlington Chocolate City Invite	15:36
Molly Woodford	2005 Mukwonago Invite	15:37
Megan Chojnacki	2004 Classic 8 Conf. Nagawaukee	15:38
Megan Chojnacki	2003 Angel Invite UW Parkside	15:38
Molly Woodford	2004 Mukwonago Invite	15:40
Nadine Chojnacki	1995 Burlington Chocolate City Invite	15:41
Lisa Dillett	1999 Classic 8 Conf. Nagawaukee	15:42
Lisa Dillett	2000 Angel Invite UW Parkside	15:42
Lisa Dillett	2000 Laser Relays Nagawaukee	15:42
Maggie Hoffman	2000 WIAA Sectionals UW Parkside	15:42
Lisa Dillett	2001 Laser Relays Nagawaukee	15:42
Lindsey Biebel	2003 Mukwonago Invite	15:43
Megan Chojnacki	2004 South Milw. Invite Grant Park	15:44
Megan Chojnacki	2004 Angel Invite UW Parkside	15:44
Nicole Shane	2000 Laser Relays Nagawaukee	15:44
Jessica Hoffman	2000 WIAA Sectionals UW Parkside	15:44
Molly Woodford	2005 Laser Relays Nagawaukee	15:44
Beth Baird	2003 Mukwonago Invite	15:45
Beth Baird	2003 Angel Invite UW Parkside	15:45

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Erica Busse	1999 Classic 8 Conf. Nagawaukee	15:46
Nadine Chojnacki	1995 SEC Conference UW Parkside	15:47
Megan Chojnacki	2002 Chocolate City Invite	15:47
Amanda Jennings	1994 SEC Conference UW Parkside	15:48
Molly Woodford	2004 Wisconsin Rapids Invite	15:48
Megan Chojnacki	2004 Wisconsin Rapids Invite	15:49
Lisa Schaich	1994 SEC Conference UW Parkside	15:49
Lisa Schaich	1993 South Milw. Invite Grant Park	15:49
Barb Dregne	1994 SEC Conference UW Parkside	15:50
Molly Woodford	2003 Angel Invite UW Parkside	15:51
Nicole Shane	1999 Burlington Chocolate City Invite	15:51
Nadine Chojnacki	1995 WIAA Sectionals Nagawaukee	15:51
Lisa Schaich	1994 Laser Relays Nagawaukee	15:51
Lindsey Biebel	2001 Chocolate City Invite	15:51
Nicole Shane	2000 Classic 8 Conf. Nagawaukee	15:52
Katie Worden	1996 WIAA State Championship	15:52
Lisa Dillett	2000 Rapids Invite	15:52
Lindsey Biebel	2001 Rebel Invite	15:52
Lisa Dillett	2002 WIAA Sectionals Arrowhead	15:53
Beth Baird	2002 WIAA Sectionals Arrowhead	15:53
Megan Chojnacki	2003 WIAA Sectionals UW Parkside	15:55
Lisa Dillett	1999 Laser Relays Nagawaukee	15:55
Lindsey Biebel	2001 WIAA Sectionals UW Parkside	15:55
Beth Baird	2003 Classic 8 Conf. Nagawaukee	15:56
Megan Chojnacki	2003 Rapids Invite	15:56
Nadine Chojnacki	1995 WIAA State Championship	15:56
Michelle Boldon	1999 WIAA Sectionals Arrowhead	15:57
Erica Busse	1999 Rapids Invite	15:57
Beth Baird	2003 Rapids Invite	15:58
Holly Beede	1994 Burlington Chocolate City Invite	15:58
Nicole Shane	2000 Rapids Invite	15:58
Lindsey Biebel	2001 Angel Invite UW Parkside	15:58
Maggie Hoffman	2001 Angel Invite UW Parkside	15:58
Lindsey Biebel	2003 Rapids Invite	15:59

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